



Emily enjoying her day at King Pin Bowling in Townsville

CONTENTS:

- Page 2: Management Update
- Page 3: Events & Activities
- Page 4: Puzzle Mania
- Page 5: Companion Card Information
- Page 6: Fundraising
- Page 7: On the Ground Photos
- Page 8: Photo Gallery
- Page 9 & 10: Bowen Flexi Visit
- Page 11: Tropical Museum of Townsville
- Page 12: King Pin
- Page 13: Birthdays
- Page 14: Flexi Queensland Flyer
- Page 15: Expression of Interest Form



Flexi Queensland

ABN: 61 723 727 604
Phone: (07) 4783 5866
After Hours: 0427 835 866
Fax: (07) 4783 5872
Email: admin@flexiqld.com
Address: 14 - 16 Ross Street
 Ayr QLD 4807



Management Update



Well this year is surely passing fast and I can't believe we are heading into July. Flexi Queensland has had a very eventful couple of months with Participants moving into their new homes (house warming to come), having new Participants joining Flexi, and everyone is continuing to have fun and engage in the community.

We have had a few Participants move into PACE (new NDIS portal) and we are working with families in this area - If NDIA contact you for a plan review or plan extension, it is highly recommended to request a Plan Implementation Meeting so NDIA can explain the changes about your NDIS plan.

Flexi Queensland continues to fundraise to assist with revamping the Therapy & Activity Centre (TAC), and we have the following open now:

- Containers for Change and ring pull collection.
- Jolly Soles, Jolly Socks for a Serious Change - \$8.00 a pair.

Flexi Queensland are still looking at recruiting Board Members, if you know anyone who is interested, please let me know.

Flexi has continued to have a very exciting couple of months with the follow activities: Cowboy games, Lawn Bowls night, QLD Museum, Speedway, King Pin, Burdekin Rooster games, Bowen Flexi visit and the Burdekin Show. All the Participants are enjoying all the different activities of interest to them, and we have a lot more coming up throughout the year so please

ensure you return your Expression of Interest flyer before the RSVP date, and payment is to be received before the event as advised in the flyer. Some activities are 'first in, best dressed' so please get your flyers in as soon as you can to enable you to attend the event.

Flexi Queensland has been able to purchase a new car to add to our current vehicle fleet, which has been such an asset with our current increase of hours being delivered to all.

Flexi is always continuing to recruit new Lifestyle Facilitators to be a part of our expanding team—if you know anyone who would be interested, please send them our way.

I would like to take this opportunity to thank the entire Flexi Team as we have had a full on couple of months. I appreciate everyone for all their efforts, to ensure all Service Users are safe and have had continued care throughout this time. There are far too many people who have gone above to thank you all individually, so please take these sincere thanks. I also really like to stress the importance that if you are feeling overwhelmed with your role and need help to get things finished or fatigued, please do not hesitate to come directly to the Management team and have a discussion. We will do all that we can to help you ease the stress. If we continue to work together, we will continue to grow Flexi Queensland into the respected organisation that we strive towards.

Teneill Ready—Acting CEO

Flexi Team 2024



Change is a part of our evolving growth here at Flexi Queensland and we have some new members to welcome to the team:

Lifestyle Facilitators:

Tiffany, Kenna, Erin, Rufaro (Ru), and Jayne.

Welcome to the Flexi Team!

Congratulations and warm wishes to Alan Bonato who is taking the step into retirement on 28/06/24!



Connect with Flexi!



4783 5866



0427 835 866



1800 210 637



Flexi Queensland



admin@flexiqld.com



www.flexiqld.com

Friday 5 July

EVENTS & ACTIVITIES

Townsville V8 Supercars

Saturday 6 July

Cowboys Vs Sea Eagles

Sunday 21 July

Cowboys Vs Bulldogs

Saturday 27 July

Cowboys Vs Sharks

Saturday 10 August

Cowboys Vs Broncos

Saturday 17 August

Cowboys Vs Raiders

Saturday 29 August

Cowboys Vs Storm

Monday Madness

01/07/2024— Crazy Sock Day

08/07/2024—Mini Quiche \$3.00

15/07/2024—Lawn Bowls Morning \$5.00

22/07/2024—Chocolate Muffins \$3.00

29/07/2024—Gardening at TAC

HOW'RE WE DOING?

LEAVE US A
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★★★★★ REVIEW!



Like us on

Facebook



PUZZLE MANIA



VIDEO GAME WORD SEARCH

L V N O Q S C L H R P G I M J M E
 M O N O P O L Y I B X U V I I O M
 G W D W M L Z X M N H Y T N B L A
 C K Y W I I S K J O X Q A E I X R
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ARCADE
XBOX
GAMEBOY
LEGO
MONOPOLY



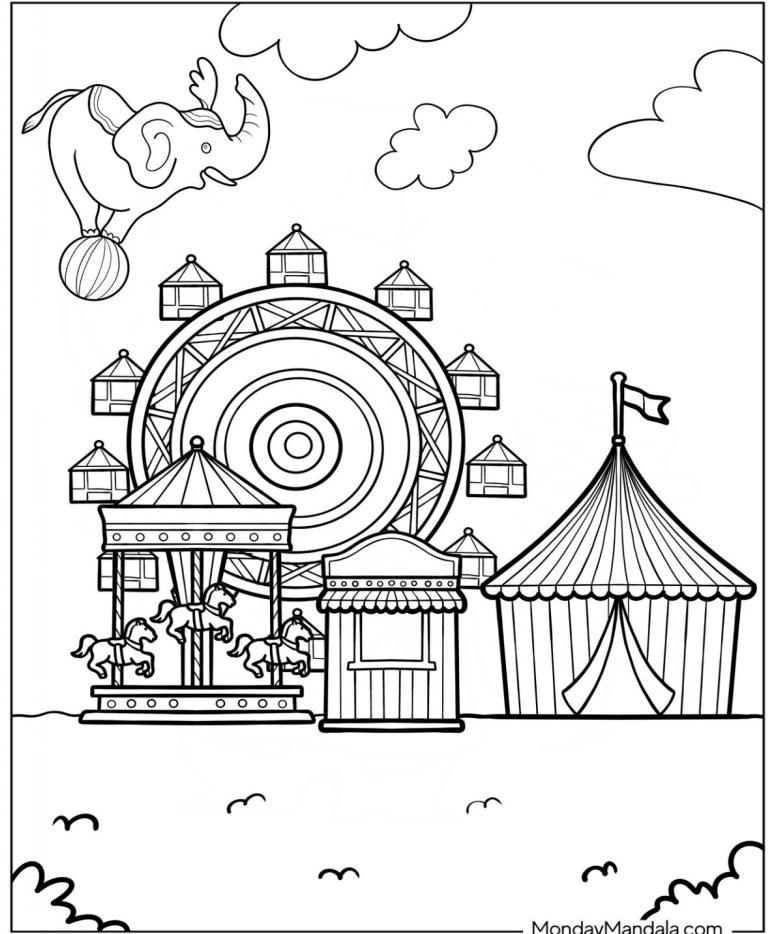
GAMES
PLAYSTATION
MINECRAFT
MARVEL
RACING



NINTENDO
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MARIO
PACMAN
CONTROLLER



WWW.THRIFTYMMOMMSTIPS.COM



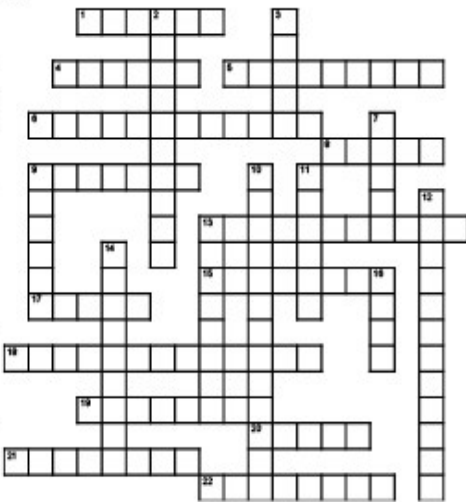
MondayMandala.com

Name: _____ Date: _____

ACROSS

1. A popular snack consisting of a cooked sausage served in a sliced bun.
4. Feeling sick or nauseous, especially after riding a fast or spinning attraction.
5. The amount of money you pay to enter a place or event.
6. A spooky attraction designed to scare visitors with various special effects.
8. A small structure or stand where goods or services are sold.
9. Feelings of excitement or fear, often experienced on rides.
13. A large, rotating wheel with passenger cars attached for a scenic ride.
15. A small item that is kept as a reminder of a place.
17. A small, round object used as payment for rides or games.
18. A high-speed, looping ride that provides excitement and adrenaline rushes.
19. A rotating platform with seats for people to ride on.
20. Where people queue up to get on rides or enter attractions.
21. A place where you can buy light meals.
22. A large outdoor event with games, rides, and entertainment.

Amusement Park



DOWN

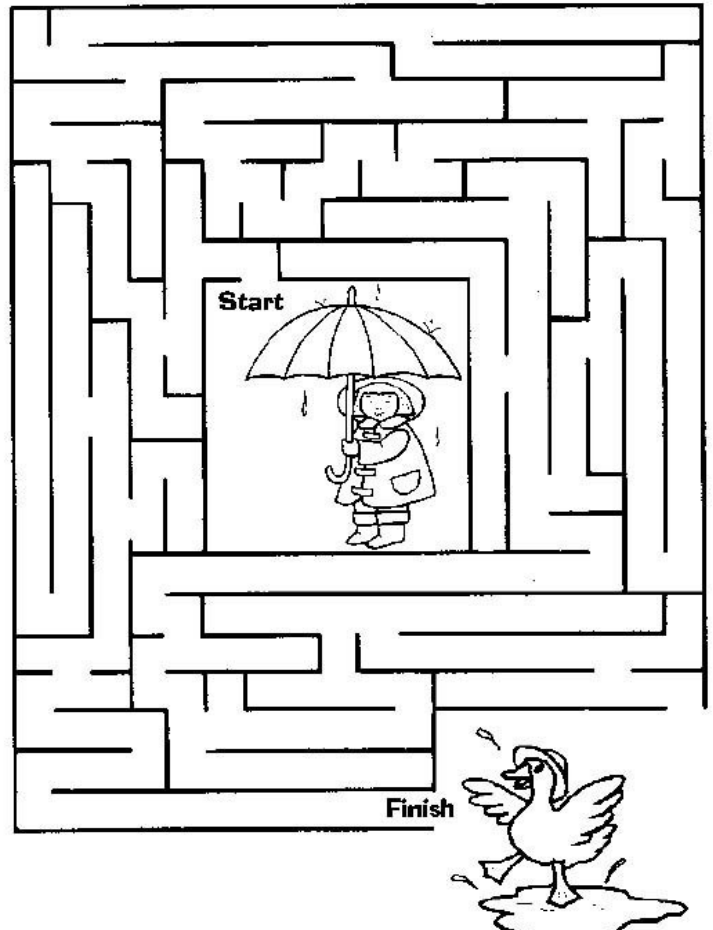
2. A famous and popular amusement park located in California.
3. Activities or competitions that you can participate in at a fair or theme park.
7. A small temporary structure at a fair or festival where goods or services are sold.
9. A small piece of paper that allows entry to a park or attraction.
10. A person who claims to predict the future and answer questions about your life.

11. Items which can be won by playing games or participating in activities.
12. Another term for a carousel or a rotating ride for children.
13. A special pass that allows you to skip long lines and get on rides faster.
14. A large amusement park that follows a specific concept.
16. An experience of being moved quickly and thrillingly, often on a mechanical device.



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Will you help Jessica find the way to her duck?



IMPORTANT EVENT INFO

Companion Cards



If you have a disability and a lifelong need for 'attendant care support in order to participate in community activities and attend venues, the Companion Card may help you with the costs of getting out and about with the support of a companion.

Companion Card holders receive a second 'companion' ticket at no charge at participating venues and on participating public transport. The 'companion' ticket is also exempt from booking fees.

A companion is any person who accompanies a cardholder and provides attendant care support. The cardholder's chosen companion may be a paid or unpaid assistant or carer, family member, friend or partner.

The Companion Card is not income or asset tested. To be eligible for the card, you must:

- Be a lawful Australian resident, living in Queensland
- Have a disability
- Because of the impact of the disability, be unable to participate at most community venues or activities without attendant care support
- Need, or be likely to need, lifelong attendant care support.

For more information please visit: www.qld.gov.au/disability/out-and-about/companion-card/

Or pick up a Companion Card Application from the Flexi Queensland Office today.

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FUNDRAISING



Flexi Queensland holds many different fundraising activities, events, and themed days with all proceeds going towards updating equipment at the Therapy & Activity Centre. We will be working on the garden and planter boxes during these cooler months, with help from our Service Users. Please take a look at our Silly Socks when you call into the office, purchase of these items goes towards our fundraising.

Thank you.



The Service Users and Staff are collecting and recycling 10c containers. Recycling bins can be found at all of our Flexi Sites—Flexi Office, TAC, Flexi 1, Flexi 2 and Flexi 4. The Service Users are taking turns to cash the containers in at North Queensland Green Solutions.



People in the community are continually dropping in ring pulls which the Service Users are taking turns to cash in at Ellsley Metal Recycling.



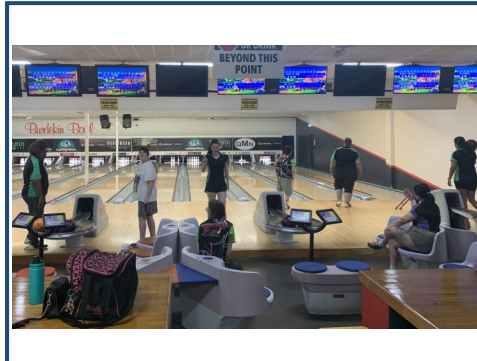


ON THE GROUND



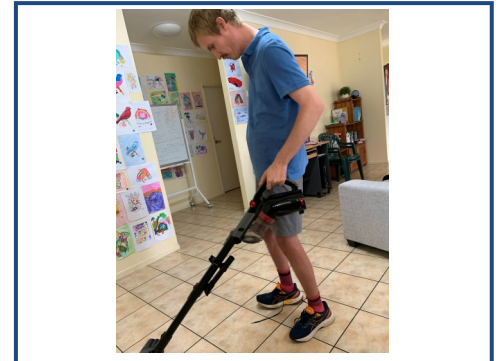
Awards

Belinda holding her prize for placing 3rd in the Scratch Ladies Division at the State Bowling Tournament earlier in May. Congratulations!



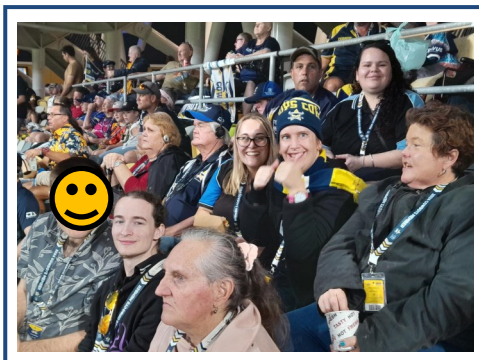
Bowling Fun

Service Users and Lifestyle Facilitators all enjoying a fun morning participating and assisting at Flexi Bowling League.



TAC Activities

Steven doing the vacuuming at the TAC after morning activities. Thank you to all who keep our TAC tidy.



Cowboy's Supporters

The Flexi Queensland Cowboy's supporters were out in force again at the Cowboy's vs Tigers game. Go Cowboys!



Games Morning

The TAC was full of laughter with Service Users playing fun games. Hangman was a favourite!



Outdoor Activities

Bob hanging out in the fast lane, watching the racing at Bowen Speedway.



Arts & Craft

Matilda showing the beautiful Mothers Day card that she made during her respite sleepover at the TAC.



Health & Fitness

Nicole showing her skills at the Gym on the exercise bike. Nicole has been working her way towards achieving this goal. Well done Nicole!

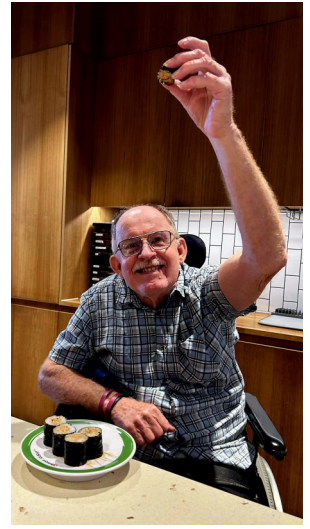


Community Access

Lita enjoying morning tea at the Red Hatter's monthly meeting at the Farmhouse Café.



PHOTO GALLERY





BOWEN FLEXI CARE VISIT



On Monday 17 June, our friends for Bowen Flexi Care travelled to Ayr to catch up with our Service Users.

The morning started off at the Burdekin Bowling Alley, with a game of Ten Pin Bowling. Our Service Users enjoyed lots of laughter, great bowling scores and excellent sportsmanship was shown by all. Thank you to the Burdekin Bowling Alley for opening out of usual hours for our activity.

After bowling, the Bowen Flexi Care group joined our Service Users and staff at the Flexi Therapy and Activity Centre for a sausage sizzle and some games. Here, a lot of talking and sharing memories took place, as our Service Users and staff showed the Bowen Flexi Care group around our hangout facilities.

Thank you to our Service Users and staff for helping out with the set up of activities at the TAC, the BBQ preparation and cooking, and being wonderful hosts to our friends.

We look forward to visiting Bowen Flexi Care in September for another catch up to continue our friendship.





BOWEN FLEXI CARE VISIT



Thank you to the Service Users and Staff from Bowen Flexi Care for traveling to visit us again. Our friendship continues to strengthen each time we get together for a morning of games, laughs, chats, and food. You are always welcome in the beautiful Burdekin.

See you next time in Bowen!





TROPICAL MUSEUM OF QLD



LEGO EXHIBITION!

Our Service Users travelled to Townsville as a group on 13 May to enjoy a visit to the Tropical Museum of Townsville.

First stop was morning tea, enjoyed out in the beautiful North Queensland Autumn weather. Then the group moved into the interesting and unusual world of the Museum.

Our Flexi group was lucky enough to attend at the time the museum was hosting a Lego exhibition. Service Users enjoyed the amazing display and had the opportunity to get hands on with the tiny bricks.

The Pandora artifacts and treasures were on display, and of course the quirky interactive Science Room was enjoyed, where the Service Users created some unusual illusions.

The group had lunch together at the Museum Café before heading back home.

Burdekin residents, as locals to the Townsville region, are privileged to be able to visit this wonderful Museum with no entry cost.





KING PIN TOWNSVILLE!



On 3 June, our Service Users travelled as a group to Townsville to enjoy a day at King Pin Bowling, Laser Skirmish, and Arcade games.

The group stopped at Riverway Parkland for morning tea then moved across the road to King Pin to participate in some fun games and activities.

Some Service Users battled it out in the Laser Skirmish rooms while others enjoyed showing their experience and bowling skills, in a game or two of Ten Pin Bowling.

The Service Users took a break and had lunch together at the bistro, before our Kings and Queens took a turn in the 'KING PIN' chair for a photo opportunity, complete with a King or Queen crown. Thank you to all who participated.





BIRTHDAYS



Happy Birthday Matilda!



Happy Birthday Lita!



Happy Birthday Paul!



Happy Birthday Jett!



SUPPORTING PEOPLE IN THE BURDEKIN SINCE 1995

Flexi
Queensland

Unlocking possibilities for people
with disabilities

Flexi Queensland is a leading NDIS provider in the Burdekin region.

Discovering potential,
empowering lives

Personalised care
and support for
people in need

Capacity now open for
new clients:



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14-16 Ross Street, Ayr
QLD 4807





EXPRESSION OF INTEREST

We are calling for expressions of interest for an upcoming event that you may be interested in attending.

To help us with our activity planning, please indicate below if you would be interested in attending and return your slip to Reception at the Ross Street Office as soon as possible.

Ayr State High School Musical

'Disco Inferno'

RSVP 24/07/2024

Cost \$10.00



Service User Name: _____

Date	Event	I would like to attend...
23/08/2024 11.00am	Disco Inferno Musical Burdekin Theatre	<input type="checkbox"/> Yes <input type="checkbox"/> No

OFFICE USE:

Received By: _____ Date Received : _____