



# THE FLEXI

ISSUE: 3/2019  
MONTH: APRIL / MAY

# MINI VINE



Gaylene bowling the cricket ball at the Canefield Ashes



Fraser enjoying a drink at the Ayr Anzac Club

On Saturday 27 April 2019, Flexi Queensland participated in the annual Canefield Ashes invitational game in Home Hill.

Flexi's team consist of 12 Service Users - 8 males and 4 females, with assistance from their LFs. Flexi had a new player that joined the team this year - Anyone is able to join.

Flexi practised weekly at Monday Madness in the lead up to the big game. Whether it was at the Burdekin Touch Fields or at Anzac Park, everyone practised their skills in anticipation for the big game.

*Some game highlights are:*

- Everyone participated
- Everyone encouraged and supported fellow team mates
- Everyone showed great sportsmanship
- LF Steve had to wear a pink tutu because he dropped a catch
- Bob won Man of the Match and received the game ball
- Flexi won 426—110

Flexi Queensland would like to thank everyone involved for making this event happen yearly and a big congratulations to the Flexi team!

## Upcoming Public Holidays

Wednesday 26 June 2019

Burdekin Show Holiday

If you require supports in this time, please contact the office ASAP to discuss this with your DSF.

### Flexi Queensland

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Ethan has started gardening at the TAC



Pete had his first haircut at the local barber



Ashleigh enjoyed the waterslides at the Strand waterpark

## Upcoming Flexi Events

NQ Cowboys vs Sea Eagles - Saturday 8 June

NQ Cowboys vs Tigers - Friday 14 June

Please complete an Expression of Interest form if you would like to attend any upcoming events and return the form to office and make a payment prior to the RSVP date - Forms can be picked up from the Flexi Office or at the Therapy & Activity Centre.

## Beverages at Community Events

To ensure the safe and responsible consumption of alcohol whilst on support, Flexi are requesting families of Service Users over the age of 18 to advise the Flexi Office whether their Service User can have alcohol at community events e.g. how much/limit, what type of beverage, as we cannot manage what is being sold out in the community.

## HI-FIVE AWARDS

April winner was:

### Steven Myles

nominated for "*Tantalising smell of freshly baked cake at TAC on Friday afternoon due to Steve's baking expertise - assisting his SU. Steve's first cake.*"

## SUDOKU

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## Connect with Flexi!

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